

Center for Future Planning

About The Arc and the Center for Future Planning®

For more than 65 years, The Arc has been supporting individuals with intellectual and/or developmental disabilities (I/DD) and their families. Learn more about The Arc and about how the Center for Future Planning® is supporting and encouraging families to plan for the future.

[About](#)

Learn About Future Planning

Planning ahead can help guide a person with an intellectual or developmental disability (I/DD) to lead a good life as independently as possible. A plan is important throughout all stages of life and especially in the future after the parent or caregiver is no longer able to provide support.

[Learn More](#)

Build Your Future Plan

To better serve families and individuals with I/DD in future planning, “Build Your Plan”® is a tool that enables families to create accounts and begin to build their plans within the Center.

[Build Your Plan®](#)

Find a Professional

Find professionals in your community that will enable you to identify professionals that can help you in creating and implementing a future plan. These professionals include lawyers, financial planners, and insurance companies.

[Search Now](#)

See How Others Have Planned

Planning for the future can be challenging, but it's possible and necessary. Learn more about how families have planned for the future.

[See Their Stories](#)

Urgent Help

Do you know a person with an intellectual or developmental disability (I/DD) who has an immediate need for temporary or permanent support because a parent or primary caregiver can no longer provide that help? Learn how you can help.

[Get Help](#)

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[The Arc](#) is the largest national community-based organization advocating for and serving people with intellectual and developmental disabilities and their families. We encompass all ages and more than 100 different diagnoses including autism, Down syndrome, Fragile X syndrome, and various other developmental disabilities. The Arc is on the front lines to ensure that people with intellectual and developmental disabilities and their families have the support and services they need to be fully engaged in their communities. The Arc works with its federation of state and local

chapters to create an impressive network of human service agencies ensuring they have the strongest civil rights advocates promoting and protecting their needs at all levels.

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