Peer Counseling and Independent Living Skills Training

Age Requirements No Age Requirement Available 24/7 No Other Eligibility Criteria Persons with intellectual or developmental disabilities Family No Intake Process Telephone for appointment Independence Empowerment Center <u>http://www.ieccil.org</u> Main (703) 257-5400 8409 Dorsey Circle, Suite 101

20110 VA United States

Fee Structure No Fee Languages Spoken English

Sign Language

Independence Empowerment Center offers peer counselors to assist individuals with intellectual or developmental disabilities to develop and achieve independence and self-reliance. Through counseling, sharing of experiences in coping with the effects of disability and problem-solving, participants learn about the needs and resources to achieve their goal. Independent Living Skills: Individual and group training on the know-how-to-live independently are provided in several categories including: budgeting, traveling, personal assistant management, building self-esteem, job seeking and more. All programs are designed to meet individual needs.

Advocacy: Active support for direct, nonviolent action for disability rights, both at the individual and systemic levels. Staff members train and assist individuals with disabilities to understand and exercise their civil rights regarding government and other service providers.

Service Area(s) Fauquier County

Manassas City

Manassas Park City

Prince William County