

## **Weight Management, Overeaters**

Age Requirements

18 and over

Available 24/7

No

Other Eligibility Criteria

Anyone who has a desire to stop eating compulsively.

Family

No

Intake Process

Call the contact person for more information.

Provider Refer

Yes

Self Refer

Yes

Tidewater Intergroup (TWIG) of Overeaters Anonymous

<https://oatidewater.org/index.html>

Main

(757) 456-1530

P O Box 61847

23466-1847 VA

United States

Fee Structure

No Fee

Languages Spoken

English

Tidewater Intergroup of Overeaters Overeaters Anonymous is a fellowship of individuals who, through shared experience, strength and hope, are recovering from compulsive overeating. Provides a self-help group for compulsive overeaters based on the 12-step program of Alcoholics Anonymous.

There are no dues or fees for members. The purpose of the group is to abstain from compulsive eating and compulsive food behaviors.

Confidentiality is maintained; meetings are held by phone, online or face to face. To find a meeting, visit [Find A Meeting](#)

Service Area(s)

Accomack County

,

Chesapeake City

,

Hampton City

,

Newport News City

,

Norfolk City

,

Northampton County

,

Portsmouth City

,

Suffolk City

,

Virginia Beach City

,

Williamsburg City

,

York County

Email

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