

Riverside Wellness & Fitness Center, Middle Peninsula

Age Requirements

No Age Requirement

Available 24/7

No

Family

No

Intake Process

Call for information on specific aquatic programs and classes.

Provider Refer

Yes

Self Refer

Yes

Riverside Wellness & Fitness Center, Middle Peninsula

<https://www.riversideonline.com/rwfc/index.cfm>

<https://www.riversideonline.com/rwfc/aquatics/>

<https://www.facebook.com/riversidewellnessmiddlepeninsula/>

Main

(804) 693-8888

7516 Hospital Drive

PO Box 1516

23061 VA

United States

Fee Structure

Membership Fee

Payment Method(s)

Private Pay

Languages Spoken

English

Water Aquatics, including group exercise classes and swimming lessons are available at this facility located on the campus of Riverside Walter Reed Hospital and

Medical Office Complex. This Center is popular with the employees of nearby businesses and across several counties. Members of all ages and health levels successfully mix seven days a week. Advanced water safety training is available.

Call for more information.

Service Area(s)

Gloucester County

,

Mathews County

,

Middlesex County