

## **Horseback Riding**

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Adults and children with a physical, emotional or mental disability

Family

No

Intake Contact

Contact

Intake Contact Email

office@nvtrp.org

Intake Process

Call to register and complete forms.

Provider Refer

Yes

Self Refer

Yes

Northern Virginia Therapeutic Riding Program

<http://www.nvtrp.org/>

<https://www.nvtrp.org/recovering-military-personnel>

Main

(703) 764-0269

6429 Clifton Road

20124 VA

United States

Additional Availability Comments

See the Calendar on the Web for dates and times of riding sessions and horse activities.

Fee Structure

Fee Range

Payment Method(s)

Private Pay

## Languages Spoken

English

Northern Virginia Therapeutic Riding Program offers equine-assisted activities to children and adults with disabilities, youth-at-risk, military service personnel and their families. The program is dedicated to enriching the lives of children and adults through the challenging, physically-active sport of horseback riding. Disabilities can include developmental and intellectual disabilities, physical disabilities, social and emotional disabilities.

Horseback riding is a physically-active sport and lesson plans include riding skills, exercise, trail or field rides and games, as well as care and grooming of the horses. Riders improve balance, coordination, muscular strength, social skills and self-confidence.

This program is accredited by the North American Riding for the Handicapped Association (NARHA).

## Service Area(s)

Fairfax City

,

Fairfax County

,

Fauquier County

,

Loudoun County

,

Manassas City

,

Manassas Park City

,

Prince William County

Email

[office@nvtrp.org](mailto:office@nvtrp.org)