

Sports and Fitness for Persons with Development Disabilities

Available 24/7

No

Other Eligibility Criteria

Person with disability 22 and over

Family

No

Intake Contact

Contact

Intake Contact Email

ncs-tracers@fairfaxcounty.gov

Intake Process

Call or mail form to office

Provider Refer

Yes

Self Refer

Yes

Fairfax County Neighborhood and Community Services

<http://www.fairfaxcounty.gov/ncs/trs/>

<https://www.fairfaxcounty.gov/neighborhood-community-services/therapeutic-recre...>

@FairfaxNCS

Main

(703) 324-5532

TTY/TTD

711

12011 Government Center Pkwy, Suite 1050, Therapeutic Recreation Services

22035 VA

United States

Additional Availability Comments

Closed on Holidays

Fee Structure

Call for Information

Payment Method(s)

Private Pay

Languages Spoken

English

Looking to improve your muscular strength, endurance, and flexibility? Want to know more about nutrition and overall well-being? If so, the Sports and Fitness Program is for you. Geared toward participants with developmental disabilities, Sports and Fitness teaches basic skills in a variety of team and individual sports. There are three 8-week sessions during the year in two locations in the county-- Kilmer Center on Tuesdays and Irving Middle School on Wednesdays. Come on out, play a new sport, practice an old favorite, and stay healthy.

Kilmer Center is located at 8102 Wolftrap Road, Vienna, VA 22182.

Irving Middle School is located at 8100 Old Keene Mill Road, Springfield, VA 22015.

Click here to register for the [Sports and Fitness](#) program.

Service Area(s)

Fairfax City

,

Fairfax County

,

Falls Church City

Email

ncs@fairfaxcounty.gov