

Independent Living Skills Training, Intellectual Disabilities

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Resident of South Hampton Roads. Unrestricted for trainings and technical assistance.

Family

No

Intake Contact

Linda Johnson

Intake Process

Telephone referral; appointment required.

Endeppendence Center, Inc. (ECICIL)

<http://www.endeppendence.org/>

<https://www.facebook.com/Endeppendence-Center-Inc-Norfolk-Virginia-1536652713144...>

Main

(757) 461-8007

TTY/TTD

(757) 461-7527

6300 E. Virginia Beach Boulevard

23502 VA

United States

Fee Structure

No Fee

Languages Spoken

English

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Spanish

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Sign Language

Endeppendence Center, Inc. (ECICIL) offers peer counselors to assist individuals with intellectual disabilities to develop and achieve independence and self-reliance. Participants develop a plan to achieve maximum independence and set goals toward that independence. Training is provided in areas of need identified by participants such as literacy, attendant management, decision making, self-advocacy, money management, rights and responsibilities, and assertiveness. Training is provided individually and in a classroom setting.

Through counseling and sharing of experiences in coping with the effects of an intellectual disability, participants learn about the needs and resources to achieve their goals. Also provides encouragement and information about community resources, sharing insights and perspectives from personal experience.

Independent Living Skills: Individual and group training is provided in several categories including personal assistant management, building self-esteem, money management, navigating one's environment, and self-advocacy. All programs are designed to meet individual needs.

Individual advocacy: staff members train and assist individuals with disabilities to understand and exercise their civil rights regarding government and other service providers. Peer counselors assist individuals with disabilities with individual advocacy issues such as accessing benefits, vocational rehabilitation, and other services. Participants may be interested in advocacy assistance to obtain or maintain education, training, employment, or assistive devices.

Service Area(s)

Chesapeake City

,

Franklin City

,

Isle of Wight County

,
Norfolk City

,
Portsmouth City

,
Southampton County

,
Suffolk City

,
Virginia Beach City