

## **Therapeutic Recreation Adult Classes**

Age Requirements

18 and over

Available 24/7

No

Other Eligibility Criteria

Designed for adults with brain injuries and/or neurological challenges. Participants must be able to complete exercises independently

Family

No

Intake Contact

Cindy Leiva

Intake Contact Email

trinfo@arlingtonva.us

Intake Process

Contact Marianne Talbot at NRRF for registration information at 703-521-6966.

Provider Refer

Yes

Self Refer

Yes

Arlington County Department of Parks and Recreation

<https://www.co.arlington.va.us/prcr/>

Main

(703) 228-4740

2121 North Culpeper St

22207 VA

United States

Fee Structure

No Fee

Languages Spoken

English

The Arlington County Therapeutic Recreation Office offers adult classes. You can stay in shape or spend time with friends, or learn a new skill. Call the office at 703-28-4740 or visit [Therapeutic Recreation Adult Classes](#).

The Therapeutic Recreation Office is located at Langston-Brown Community Center.

Service Area(s)

Arlington County