

## **Weight Control, Annandale**

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Open to all

Family

No

Intake Contact

Marji Clark

Intake Contact Email

jaandersontops@gmail.com

Intake Process

Call for more information

Self Refer

Yes

TOPS (Take Off Pounds Sensibly) Club

<http://www.tops.org/>

Main

(703) 430-3764

Toll-Free

(800) 932-8677

7100 Columbia Pike  
Journeyman Room 121  
22003 VA  
United States

Fee Structure

Call for Information

Payment Method(s)

Private Pay

Languages Spoken

English

TOPS is a weight control self-help association using group dynamics, competition, and recognition to help members lose weight. TOPS is medically oriented, requiring physician-approved individual diet programs, and physician-set weight goals. Men and teenagers welcome. Margaret Davis is Area Captain. She can be reached at 703.430.3764. Myrna Pritt is the Coordinator and can be reached at 540.248.1821.

TOPS VA 0001 Meets at United Baptist Church, 7100 Columbia Pike, Annandale VA 22003, Thursday 3:30/4:00 PM (weigh in / meeting time).

TOPS 0037 meets at Prince of Peace Lutheran Church, 8304 Old Keene mill Road, Room 21, Springfield VA 22152, Monday 6:30/7:00 PM (weigh-in/ meeting time).

TOPS VA 0281 meets at The Vine Church, 2501 Gallows Road, Dunn Loring, VA 22027, Thursday 6:45/7:00PM (weigh-in/meeting)

Call or Click here to [Find a Local Chapter](#)

Service Area(s)

Fairfax City

,

Fairfax County

,

Falls Church City