

# **Information and Referral, Depression and Bipolar Support**

Age Requirements

16-21

,

18 and over

Available 24/7

Yes

Family

No

Intake Process

Visit the website or call for information. The new Suicide and Crisis Lifeline is 988.

Línea de Prevención del Suicidio y Crisis 1-888-628-9454

Intake Contact Telephone

(800) 826-3632

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Depression and Bipolar Support Alliance (DBSA)

<https://www.dbsalliance.org/>

<https://www.dbsalliance.org/support/>

<https://www.facebook.com/DBSAlliance>

<https://twitter.com/DBSAlliance>

Main

(800) 826-3632

Toll-Free

(800) 826-3632

Phone Emergency

988

55 East Jackson Boulevard Suite 490  
60604 IL  
United States

Additional Availability Comments

Information available online 24/7

Fee Structure

No Fee

Languages Spoken

English

The Depression and Bipolar Support Alliance (DBSA) offers information, education, and referrals to individuals suffering from depression and bipolar disorder. Educational sessions, newsletters, podcast, videos, the Living Successfully Course and special events are part of the information and advocacy service. Visit the following programs:

- [Suicide Prevention Information](#)
- [America's Suicide Prevention and Mental Health Crisis Lifeline](#)
- [Click Here to Find a Support Group](#) in your area.

If you are in crisis call the [988 Suicide & Crisis Lifeline](#). 988 is a national network of local crisis centers that can provide free and confidential emotional support to those in suicidal crisis or emotional distress. 988 is available 24 hours a day, [Lifeline Chat](#) is a service of the 988 Suicide & Crisis Lifeline.

Service Area(s)

Nationwide