

## Aquatic Therapy

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Family

No

Intake Contact

General Staff

Intake Contact Email

info@pptanda.com

Intake Process

Call for information; physician referral required

Self Refer

No

Peninsula Physical Therapy & Associates

<http://pptanda.com/>

Main

(757) 838-7453

1618 Hard Cash Drive

23666 VA

United States

Additional Availability Comments

Closed for lunch Monday-Thursday from Noon until 1 pm

Fee Structure

Call for Information

Payment Method(s)

Private Pay

,

Private Insurance

,

Medicare

Languages Spoken

English

Peninsula Physical Therapy specializes in Aquatic Therapy. Custom-designed therapeutic pool was specially developed to meet numerous rehab needs. Heated between 92-94 degrees. Benefits: promotes muscle relaxation, reduces pain sensitivity, increases peripheral circulation and more. Aquatic therapy can be used for the following:

Chronic pain syndromes

Back pain

Fibromyalgia

Arthritis

Sports or work related injuries

Neurological

Musculoskeletal

Circulatory disorders (PAD, etc)

Systemic/Metabolic and many others.

Service Area(s)

Hampton City

,

Newport News City

,

Poquoson City