

## **Concussion Services, Bon Air Center**

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Veterans will need a referral to receive services.

Intake Contact Email

PT\_BonAir@shelteringarms.com

Intake Process

Call for information and an appointment.

Intake Contact Telephone

(804) 764-1000

Provider Refer

Yes

Report Problems

Call the Agency

Self Refer

Yes

Sheltering Arms Physical Rehabilitation Centers

<https://www.shelteringarms.com>

<https://www.shelteringarms.com/concussion-care-treatment/>

<https://www.facebook.com/shelteringarms/>

<https://twitter.com/SheltArmsRehab>

Rehablog <https://www.shelteringarms.com/about-us/rehablog/>

Main

(804) 764-1000

Toll-Free

(877) 567-3422

206 Twinridge Lane

23235 VA

United States

Monday: 8:00 am-5:30 pm

Tuesday: 8:00 am-5:30 pm

Wednesday: 8:00 am-5:30 pm

Thursday: 8:00 am-5:30 pm

Friday: 8:00 am-5:30 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Fitness and pool hours are Monday through Friday from 7:00 am until 7:30 pm.and Saturday from 9:00 am until 1:00 pm.

Fee Structure

Call for Information

Payment Method(s)

Private Pay

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Private Insurance

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Medicaid

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Medicare

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Tricare

Languages Spoken

English

Sheltering Arms offers comprehensive management and treatment of concussion from pre-injury evaluations all the way through treatment and complete rehabilitation. Trained specialists and innovative concussion therapy technologies will lead patients down the road to recovery.

Sheltering Arms multi-disciplinary concussion treatment processes include:

- Vestibular Concussion Treatment – Physical therapists use their orthopedic and neuro vestibular expertise to address any musculoskeletal injuries or issues with balance, dizziness, and headaches.
- ImPACT Testing – Medical psychologists help provide recommendations for returning to school or work through ImPACT testing. They also help build a plan to manage anxiety and stress when dealing with post-concussion syndrome.
- Speech Evaluation and Treatment – Speech-language pathologists address difficulty with attention, memory, concentration, and organization.

- Medication Management – Physicians evaluate patients first hand, providing a thorough evaluation and medical insight. Any sleep disruption, chronic headaches, and musculoskeletal injuries will be managed when appropriate.

Service Area(s)

Amelia County

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Brunswick County

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Caroline County

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Charles City County

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Charlottesville City

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Chesterfield County

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Colonial Heights City

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Cumberland County

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Dinwiddie County

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Essex County

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Fredericksburg City

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Gloucester County

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Goochland County

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Greensville County

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Halifax County

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Hampton City

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Hanover County

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Henrico County  
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Isle of Wight County  
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James City County  
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King George County  
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King William County  
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King and Queen County  
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Louisa County  
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Mathews County  
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Mecklenburg County  
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Middlesex County  
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New Kent County  
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Newport News City  
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Norfolk City  
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Northumberland County  
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Nottoway County  
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Petersburg City  
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Powhatan County  
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Prince Edward County

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Prince George County  
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Richmond City  
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Richmond County  
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Southampton County  
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Spotsylvania County  
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Stafford County  
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Sussex County  
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Virginia Beach City  
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Westmoreland County  
Email  
[info@shelteringarms.com](mailto:info@shelteringarms.com)