Case Management

Age Requirements No Age Requirement Available 24/7 No Family No Intake Contact Email vail@govail.org Intake Process Call for information Provider Refer Yes Self Refer Yes Valley Associates for Independent Living, Inc. (VAIL) https://www.govail.org Main (540) 433-6513 Toll-Free (888) 242-8245 TTY/TTD (540) 438-9265 3210 Peoples Drive Suite 220 22801 VA **United States** Fee Structure Fee Range Languages Spoken English , Spanish

Valley Associates for Independent Living (VAIL) is a Center for Independent Living (CIL). This term means a customer controlled, community-based, cross disability, nonresidential, private non-profit agency that is designed for and operated by individuals with disabilities.

The Center provides four basic core services to persons with disabilities: peer counseling, independent living skills training, information and referral and advocacy. Other services can include community education, financial management, meal preparation, technical assistance, recreational activities, Personal Assistance Services (PAS), equipment loan and more.

Centers for Independent Living, often referred to as "CILs" are non-residential places of action and coalition, where persons with disabilities learn empowerment and develop the skills necessary to make lifestyle choices. Centers provide services and advocacy to promote the leadership, independence, and productivity of people with disabilities. Centers work with both individuals as well as with the local communities to remove barriers to independence and ensuring equality of persons with disabilities.

Service Area(s) Augusta County , Bath County , Buena Vista City , Harrisonburg City , Highland County , Lexington City , Rockbridge County , Staunton City , Waynesboro City Email <u>vail@govail.org</u>