## Mental Health Skill-Building, Danville

Age Requirements 18 and over **Documents Required** Call for details Intake Process Call for an assessment. Intake Contact Telephone (434) 239-2004 **Provider Refer** Yes **Oualifications Qualification Type** Licensure Qualification Entity Virginia Department of Behavioral Health and Developmental Services (DBHDS) **Qualification Number** 835 **Report Problems** Call the Agency Self Refer Yes Anderson Counseling Services https://andersoncounselingservices.com/ https://andersoncounselingservices.com/mental-health-skill-building/ Main (434) 239-2004 300 Ringgold Industrial Parkway Suite 116 24540 VA **United States** 

Additional Availability Comments Call for appointment times. Fee Structure Fee Range

Call for Information Payment Method(s) Private Pay

Medicaid Languages Spoken English

Mental Health Skill-Building services meet the needs of clients experiencing difficulties due to emotional, behavioral and mental health issues. Service includes efficient delivery of:

- Assist in overcoming emotional and behavioral barriers to vocational success;
- Training in community living skills;
- Monitoring of housing, financial, medical, educational, rehabilitative and psychiatric services;
- Training opportunities to promote and encourage healthy leisure activities.

MHSS is for adults experiencing but not limited to:

- Depression,
- Anxiety,
- Substance use,
- Autism,
- Physical or sexual abuse,
- Schizophrenia,
- Bipolar Disorder,
- Attention Deficit and Hyperactivity Disorder (ADHD),
- Anger,
- Self-harming behaviors,
- Post-Traumatic Stress Disorder,
- Mood Swings.

Service Area(s) Danville City

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Pittsylvania County