

Understanding ABLE Accounts

ABLE Accounts

ABLE Accounts are tax-advantaged savings accounts for individuals with disabilities and their families. The [ABLE National Resource Center](https://www.ablenrc.org) provides a wide array of resources on ABLE Accounts. Learn about ABLE Accounts, why they are needed, who is eligible, what expenses are allowed, and more.

For More Information

- For answers to ABLE questions, go to [Frequently Asked Questions](#).
- To understand myths about ABLE accounts, read [Debunking ABLE Myths](#).
- To get started with ABLE enrollment, go to [Roadmap to Enrollment](#).

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<https://www.ablenrc.org>

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