# ADHD Toolkits for Parents and Caregivers from CHADD

#### What is CHADD?

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD) is the nation's leading nonprofit organization serving people affected by ADHD. CHADD believes in improving the lives of people affected by ADHD.

#### **Toolkits for Parents and Caregivers**

CHADD's National Resource Center on ADHD has developed several toolkits for parents and caregivers who are just learning about attention-deficit/hyperactivity disorder (ADHD). The ADHD toolkits will help them gain a basic understanding of the disorder and its diagnosis and treatment in children and teens.

#### > Access and download the ADHD Toolkits

#### **Diagnosis and Treament of Children and Teens**

If you are new to ADHD, this toolkit will help you gain a basic understanding of the disorder, using quick facts, infographics, podcasts, videos, a short course, and links to more in-depth articles and resources.

### **Your Emerging Adult**

This toolkit provides resources for parents who are supporting their emerging adults with ADHD towards independence.

#### Suicide Prevention for Youth with ADHD

Children and teens with ADHD are at an increased risk for suicide, especially if they have a coexisting mental health condition. If you or someone you love are in suicidal crisis or emotional distress, call, text, or chat 988 to be connected to counselors at the <a href="National Suicide Prevention Lifeline">National Suicide Prevention Lifeline</a>, 24 hours a day, 7 days a week, across the United States.

Source URL

## https://chadd.org

Last Reviewed Wednesday, April 19, 2023