#### Disability, Other

Programs and services for people with disabilities.

Article

### **How to Interact with Someone Who Has a Disability**

Learn appropriate ways to interacting with someone who has a disability and how to help them if needed.

Source

Sheltering Arms

Links

### **Aging with Disabilities in America from Next Avenue**

Source

Aging with Disabilities in America from Next Avenue
Books & Guides

## Retirement and Aging for People with Intellectual, Developmental, and Other Disabilities

The Institute on Community Integration (ICI) at the University of Minnesota has released an Impact feature issue on Retirement and Aging for People with Intellectual, Developmental, and Other Disabilities. This issue of Impact explores aging and retirement and urges policymakers, researchers, and others to create healthy, integrated retirement opportunities for this population. Individual articles discuss advocacy and equality during and after retirement, critical needs and unanswered questions during retirement, a conversation on aging and disability, and

more.

Source

University of Minnesota Institute on Community Integration (ICI)

Links

## <u>Udemy: Free Online Stress Management Course</u> for Parents of Children with Special Needs

Source

Udemy: Free Online Stress Management Course for Parents of Children with Special

Needs

Article

## **Secure Your Financial Future: A Toolkit for Individuals with Disabilities**

This toolkit provides resources and strategies for your employment journey.

Source

U.S. Department of Labor

**Books & Guides** 

# Aging and Down Syndrome: A Health and Well-Being Guidebook

Aging and Down Syndrome: A Health and Well-Being Guidebook from the National Down Syndrome Society is a resource for families and professionals.

Source

National Down Syndrome Society

**Books & Guides** 

### **DISABILITY ETIQUETTE: Tips On Interacting With People With Disabilities**

The United Spinal Association has developed a helpful guide on <u>DISABILITY</u> ETIQUETTE: Tips On Interacting With People With Disabilities.

Source
<u>United Spinal Association</u>
Article

#### **Learn More About Your Child's Development**

Learn more about your child's development with these resources from the CDC.

Source

Centers for Disease Control (CDC)

Article

### **ADHD Toolkits for Parents and Caregivers from CHADD**

CHADD's National Resource Center on ADHD has developed a toolkit of resources for parents and caregivers who are just learning about attention-deficit/hyperactivity disorder (ADHD).

Article

#### **Disability Podcasts Worth a Listen**

Podcasts provide an easy way to connect with others, hear stories, and find information and resources. Enabling Devices provides an overview of 10 podcasts focused on disability issues in the blog article 10 Podcasts Worth a Listen.

Source

#### **Enabling Devices**

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