

Independent Living Skills, Disabilities, Sensory

Programs that assist people with disabilities in learning the basic skills of daily living through individual and group counseling, training and experience coping with life situations - sometimes through the use of assistive devices, special equipment and specialized assistants.

Article

How to Help Someone with Disabilities Live Independently

Explore ways to support someone with a disability to live on their own.

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National Council on Independent Living (NCIL): About Independent Living

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Centers for Independent Living in Virginia

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National Council on Independent Living (NCIL)

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Northern Virginia Resource Center for Deaf and Hard of Hearing Persons

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American Foundation for the Blind (AFB)

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American Council of the Blind

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American Speech-Language-Hearing Association

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Article

FAQ's about Virginia Relay Services

The Virginia Relay Service is an important tool for those who are deaf, hard of hearing, blind, deaf-blind or vision impaired. It relays conversations between people who use specialized telecommunication equipment and people who use standard phones.

Source

[Virginia Relay](#)

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