

## **Benefits and Life Care Planning Law**

Legal services that assist with Life Care Planning and management, living trusts, Medicaid and Medicare, Social Security and other benefits, disability planning, guardianships, conservatorships, discrimination, health care decisions, long-term care alternatives and other related issues.

Article

## **Achieving a Better Life Experience (ABLE)**

ABLE or ABLEnow is a nationally qualified ABLE savings program offered nationally by the Commonwealth of Virginia. ABLEnow accounts give qualified and enrolled individuals the opportunity to invest and grow savings tax-free, without endangering eligibility for most means-tested benefits.

Source

[Virginia Department for Aging and Rehabilitative Services](#)

Links

## **PREPARE for Your Care**

Source

[PREPARE for Your Care](#)

Article

## **How to Avoid Going Broke in Long-Term Care**

This article explores ways to protect your assets while also paying for long-term care.

Source

[Smith Strong, PLC](#)

Article

## **The Basics of Special Needs Trusts in Virginia**

A *special needs trust* can help provide for the long-term wellbeing of a family member with special needs.

Source

[Smith Strong, PLC](#)

Links

## **ABLE National Resource Center**

The ABLE National Resource Center (ANRC) is a collaborative whose supporters share the goal of accelerating the design and availability of ABLE accounts for the benefit of individuals with disabilities and their families. ANRC brings together the investment, support and resources of the country's largest and most influential national disability organizations.

Source

[ABLE National Resource Center](#)

Links

## **LongTermCare.gov**

The Administration for Community Living, an agency of the U.S. Department of Health and Human Services, brings together the efforts of the Administration on Aging, the Administration on Intellectual and Developmental Disabilities, and the HHS Office on Disability to serve as the Federal agency responsible for increasing access to community supports, while focusing attention and resources on the unique needs of older Americans and people with disabilities across the lifespan.

<http://www.hhs.gov/acl/>

Source

[LongTermCare.gov](http://LongTermCare.gov)

Article

## **disAbility Law Center of Virginia**

The Disability Law Center of Virginia provides an array of legal services for individuals with disabilities.

Source

[disAbility Law Center of Virginia \(dLCV\)](#)

Article

## **Getting Your Affairs in Order**

Learn how to plan for the future by taking important steps for getting your legal and financial affairs in order.

Source

[National Institute on Aging](#)

Links

## **ABLEnow**

Source

[ABLEnow](#)

Article

## **Free Virginia Guides on Managing Someone Else's Money**

To help financial caregivers all over the country, Consumer Financial Protection Bureau (CFPB) has created state-specific guides and resources for people managing money for older relatives and friends.

Source

[Consumer Financial Protection Bureau](#)

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