Department of Health

A governmental agency focusing on health promotion, disease prevention, emergency preparedness, pandemic response, and environmental protection.

Links

AirNow: Get Local Air Quality Data

Source <u>AirNow: Get Local Air Quality Data</u> Article

How to Stay Healthy as Summer Temps Rise

Heat waves are dangerous to everyone, but they pose an even greater risk to older adults.

Source

AARP

Article

Long COVID or Post-COVID Conditions

Some people who have been infected with the virus that causes COVID-19 can experience long-term effects from their infection, known as post-COVID conditions (PCC) or long COVID.

Source <u>Centers for Disease Control (CDC)</u> Article

Latest Virginia COVID-19 Vaccine, Booster Shot & Flu Vaccine Information

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Virginia Department of Health COVID-19 Vaccination Response

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The VirginiaNavigator Guide: What to Do in a Financial Emergency

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How Tech Tools Can Help Caregivers During Pandemics and Social Distancing

Caregiving for your loved one is especially challenging during COVID-19. The Caregiver Tech Tool Finder can help you find the best apps and tech tools for your needs.

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Office on Women's Health at the U.S. Department of Health and Human Services (HHS)

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