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Article

## **How to Interact with Someone Who Has a Disability**

Learn appropriate ways to interacting with someone who has a disability and how to help them if needed.

Source

[Sheltering Arms](#)

Article

## **What is Spina Bifida?**

Spina bifida is a condition that affects the spine and is usually apparent at birth. Learn more about the types of spina bifida as well as causes and treatment.

Source

[Centers for Disease Control and Prevention: National Center on Birth Defects and Developmental Disabilities](#)

Links

## **Spina Bifida Association**

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[Spina Bifida Association](#)

Links

## **NORD - National Organization for Rare Disorders**

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[NORD - National Organization for Rare Disorders](#)

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