

# [My Life My Community](#)

## **My Life, My Community**

My Life, My Community is an [online tool](#) that helps people with developmental disabilities (DD) and their families answer basic questions about services and supports and where to go to find help.

The Department of Behavioral Health and Developmental Services (DBHDS) has partnered with disAbilityNavigator to develop a one-stop, searchable website to help you find resources in your community.

## **For More Information**

Go to the [My Life, My Community](#) website to find out more about **waivers, family resources, independent housing, and how to find a provider.**

Article Source

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

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<https://dbhds.virginia.gov/developmental-services/my-life-my-community-waiver/>

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