

Recreational Activities

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

No residency requirement.

Family

Yes

Intake Contact Email

arlingtonemail@ymcadc.org

Intake Process

In-person registration

Provider Refer

Yes

Self Refer

Yes

YMCA Arlington

<https://www.ymcadc.org/locations/ymca-arlington/>

<https://www.ymcadc.org/locations/ymca-arlington/>

<https://www.facebook.com/ymcadc>

<https://twitter.com/ymcadc>

Main

(703) 525-5420

3422 North 13th Street

22201 VA

United States

Monday: 6:00 am-8:00 pm

Tuesday: 6:00 am-8:00 pm

Wednesday: 6:00 am-8:00 pm

Thursday: 6:00 am-8:00 pm

Friday: 6:00 am-8:00 pm

Saturday: 8:00 am-4:00 pm

Sunday: 9:00 am-2:00 pm

Additional Availability Comments

Office hours are 9 a.m. until 5 p.m. Facility is open from 6am until 10pm

Fee Structure

Call for Information

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Membership Fee

Payment Method(s)

Private Pay

Languages Spoken

English

YMCA Arlington offers recreational activities and groups for ages 3 through adult. Includes swimming, martial arts, yoga, dance, kayaking, gymnastics, group exercise, self-defense class, and youth sports (offered year-round).

Bus Line: Metrobus. Subway Stop: Virginia Square.

Service Area(s)

Arlington County

Email

member.service@ymcadc.org