

## **Bicycling**

Age Requirements

13-21

,

18 and over

Available 24/7

No

Family

No

Intake Contact Email

swansonka@gmail.com

Intake Process

Apply for membership on the website.

Provider Refer

Yes

Report Problems

Send an Email

Self Refer

Yes

Richmond Area Bicycling Association

<http://www.raba.org>

<http://www.raba.org/membership-information/>

<https://www.facebook.com/RVABike>

P O Box 6565

23005 VA

United States

Fee Structure

Sliding Scale Fee

,

Membership Fee

Payment Method(s)

Credit / Debit

,

Private Pay

## Languages Spoken

English

Richmond Area Bicycling Association (RABA) offers cyclists of all levels and abilities the opportunity to meet and ride with other cyclists. Bicycle rides of various distances and paces every Wednesday, Saturday, and Sunday year round, plus evening rides every Tuesday and Thursday evening April through September.

Club membership includes a monthly newsletter, "The Pedaler", with a ride calendar, club activities and articles; discounts at many Richmond area bicycle shops; monthly meetings to discuss club events and speakers; participation in governmental and charity programs, such as Adopt-A-Highway and the MS Society's Virginia Dare ride.

RABA meetings are held monthly to discuss club events and hear featured speakers on topics such as, nutrition, training, travel experiences, repairs, health, and fitness. See the [website](#) for dates and times of meetings and email addresses/phone numbers of board members.

## Service Area(s)

Chesterfield County

,

Hanover County

,

Richmond City