

Weight Control, Roanoke

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

Unrestricted

Family

No

Intake Contact Email

judyotopss@aol.com

Intake Process

Call the office

Self Refer

Yes

TOPS (Take Off Pounds Sensibly) Club

<http://www.tops.org/>

Main

(540) 375-3239

Toll-Free

(800) 932-8677

c/o Edinburgh Square Apts

129 Hershberger Road

24012 VA

United States

Fee Structure

Call for Information

Payment Method(s)

Private Pay

Languages Spoken

English

Take Off Pounds Sensible (TOPS) Club. Purpose: Weight control self-help association using group dynamics, competition, and recognition to help members lose weight. TOPS is medically oriented, requiring physician-approved individual diet programs, and physician-set weight goals. Judy Oliver is the area captain; Myrna Pritt is the coordinator.

TOPS #0588 meets at Edinburgh Square Apartments, 129 Hershberger Road, Community Room, Roanoke VA 24012, on Thursday at 4:45/5:45 pm (weigh-in/meeting time).

Click here to [Find a Local Chapter](#)

Service Area(s)

Botetourt County

,

Roanoke City

,

Roanoke County