

## **Center for Independent Living**

### Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

### Other Eligibility Criteria

Must be resident of the Eastern Shore and have a disability

Family

No

Intake Contact Email

[info@escil.org](mailto:info@escil.org)

Intake Process

Telephone referral; appointment required

Self Refer

Yes

Eastern Shore Center for Independent Living

<http://www.vaescil.org/>

Main

(757) 414-0100

Toll-Free

(800) 384-2988

TTY/TTD

(757) 414-0080

36282 Lankford HWY  
Suite 13-D  
23306 VA  
United States

Fee Structure

No Fee

Languages Spoken

English

Eastern Shore Center for Independent Living provides four basic core services to persons with disabilities: peer counseling, independent living skills training, information and referral and advocacy. Other services can include community education, technical assistance, Personal Assistance Services (PAS), recreational activities, equipment loan and more.

Centers for Independent Living, often referred to as "CILs" are non-residential places of action and coalition, where persons with disabilities learn empowerment and develop the skills necessary to make lifestyle choices. Centers provide services and advocacy to promote the leadership, independence, and productivity of people with disabilities. Centers work with both individuals as well as with the local communities to remove barriers to independence and ensuring equality of persons with disabilities.

Services to the community include disability awareness, technical assistance regarding accessibility and legal issues, and general disability information. Interpreter service available.

Service Area(s)

Accomack County

,

Northampton County