

## **Emotions Anonymous**

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Available 24/7

No

Family

No

Intake Contact

Dave Moore, Sr

Intake Process

Telephone referral; walk-ins accepted

Provider Refer

Yes

Self Refer

Yes

Virginia Beach United Methodist Church

<https://vbumc.org/>

Main

(757) 428-7727

212 19th Street

23451 VA

United States

Additional Availability Comments

Call for dates

## Languages Spoken

English

Emotions Anonymous is a 12-step support group for those individuals going through depression, anxiety attacks, emotional problems, etc. who want to learn tools that help with recovery. The group meets every Tuesday at 12:30pm.

Contact Dave Moore, Sr., at 757.351.3413 (home) or 757.407.2560 (cell) for more information.

## Service Area(s)

Virginia Beach City