

# Peer Counseling and Independent Living Skills Training

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Persons with intellectual disabilities

Family

No

Intake Process

Appointment required. Call the office, or complete contact form on website.

Report Problems

Call the Agency

Self Refer

Yes

Lynchburg Area Center for Independent Living (LACIL)

<http://www.LACIL.org>

<http://www.lacil.org/service.html>

<https://www.facebook.com/people/Lynchburg-Area-Center-for-Independent-Living/10...>

Main

(434) 528-4971

TTY/TTD

(434) 528-4972

500 Alleghany Avenue Suite 520

24501 VA

United States

Monday: 8:30 am-4:30 pm

Tuesday: 8:30 am-4:30 pm

Wednesday: 8:30 am-4:30 pm

Thursday: 8:30 am-4:30 pm

Friday: 8:30 am-4:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

No Fee

Languages Spoken

English

Lynchburg Area Center for Independent Living offers peer Counselors to assist individuals with intellectual or developmental disabilities and their families to develop and achieve independence and self-reliance. Participants develop a plan to achieve maximum independence and set goals towards that independence. Through counseling, sharing of experiences in coping with the effects of disability, participants learn about the needs and resources to achieve their goal. Peer counseling can be on an individual basis, as well as group support.

Independent Living Skills: Planned activities are designed to help those with disabilities learn improved skills for the purpose of acquiring, maintaining, and increasing their independence. All programs are designed to meet individual needs.

Service Area(s)

Campbell County

,

Lynchburg City