

Therapeutic Dance, Movement Expressions

Age Requirements

16-21

,

18 and over

Available 24/7

No

Other Eligibility Criteria

Children and adults with disabilities

Family

No

Intake Contact

Lynne Bauer

Intake Contact Email

danceabilitiesva@yahoo.com

Intake Process

Call for more information about classes and registration.

Provider Refer

Yes

Self Refer

Yes

Dance Abilities

<http://www.danceabilitiesva.com/>

<http://www.danceabilitiesva.com/special-needs-classes/>

Main

(703) 887-9101

12487 Rose Path Circle

22033 VA

United States

Additional Availability Comments

Class times vary.

Fee Structure

Fixed Fee

Payment Method(s)

Private Pay
Languages Spoken
English

Movement Expressions is class for ages 16 to young adult. Expressive Therapeutic Movement (ETM) offers dance classes, workshops and movement exercise classes for individuals with varied physical and emotional disabilities such as Autism, Down Syndrome, and Attention Deficit Hyperactivity Disorder (ADHD) and developmental delays. Classes offered include:

- Small group organized according to age and cognitive abilities
- Individual private sessions
- Workshops which provide a fun and playful way to improve communication, develop social skills, and create an exciting learning experience

Individual Movement Therapy is available by appointment. \$80 for an hour session.

Lynne Bauer holds a degree in Dance Therapy, is a Certified Laban Movement Analyst (CMA), a Registered Somatic Movement Therapist (RSMT) through the International Somatic Movement Education & Therapy Association, and is a Licensed Physical Therapist Assistant with extensive experience working with the special needs population.

Service Area(s)
Alexandria City

,
Arlington County

,
Fairfax City

,
Fairfax County

,
Falls Church City

Email

danceabilitiesva@yahoo.com