

## **Center for Independent Living**

Age Requirements

22-55

,

56-60

,

60+

Available 24/7

No

Other Eligibility Criteria

People with physical and sensory disabilities and their families

Family

No

Intake Contact Email

dRC@cildrc.org

Intake Process

Call for appointment or more information

Self Refer

Yes

disAbility Resource Center

<http://www.cildrc.org>

Main

(540) 373-2559

Toll-Free

(800) 648-6324

TTY/TTD

(540) 373-5890

409 Progress Street

22401 VA

United States

Fee Structure

No Fee

Languages Spoken

English

The disABILITY Resource Center is a Center for Independent Living (CIL) program for people with disabilities and their families. It offers information and referral, advocacy, peer counseling, computer lab, sign language classes, deaf and hard of hearing services and independent living skills training.

The Center provides basic core services to persons with disabilities: peer counseling, independent living skills training, information and referral and individual advocacy. Other services can include community education, technical assistance, Personal Assistance Services (PAS), benefits planning and outreach services, equipment loan and more. Youth services are also available.

Technical assistance and training is provided for use of TTY and Virginia Relay system; information on assistive listening devices and other helpful equipment is available; borrow equipment to "try out" or replace equipment out for repair through the VDDHH TAPLoan program. Financial assistance is also available.

Centers for Independent Living, often referred to as "CILs" are non-residential places of action and coalition, where persons with disabilities learn empowerment and develop the skills necessary to make lifestyle choices. Centers provide services and advocacy to promote the leadership, independence, and productivity of people with disabilities. Centers work with both individuals as well as with the local communities to remove barriers to independence and ensuring equality of persons with disabilities. The Center is run by and for people with disabilities. Services are provided on site and in the community.

Video Phone: 540.645.5419; CAPTEL/TTY is 540-373-5890.

Service Area(s)  
Caroline County

,

Culpeper County

,

Fredericksburg City

,

King George County

,

Spotsylvania County

,

Stafford County

Email

[drc@cildrc.org](mailto:drc@cildrc.org)