

Peer Counseling and Independent Living Skills Training

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Serves people with disabilities and the community.

Family

No

Intake Contact Email

brilc@brilc.org

Intake Process

Walk-ins and telephone referrals accepted.

Intake Contact Telephone

(540) 342-1231

Provider Refer

Yes

Report Problems

Call the Agency

Residency Requirements

Serves residents of Alleghany, Botetourt, Craig and Roanoke Counties and the cities of Covington, Roanoke and Salem.

Self Refer

Yes

Blue Ridge Independent Living Center

<https://brilc.org>

<https://www.facebook.com/pages/Blue-Ridge-Independent-Living-Center/12145270789...>

Main

(540) 342-1231

Toll-Free

(866) 244-0740

TTY/TTD
(540) 342-1231

1502B Williamson Road Northeast
24012 VA
United States

Monday: 8:15 am-4:30 pm

Tuesday: 8:15 am-4:30 pm

Wednesday: 8:15 am-4:30 pm

Thursday: 8:15 am-4:30 pm

Friday: 8:15 am-4:30 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Languages Spoken

English

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Call if translation is needed

At Blue Ridge Independent Living Center, they work with the Virginia Department of Rehabilitative Services Peer Counselors to assist individuals with disabilities and their families to develop and achieve independence and self-reliance. Participants develop a plan to achieve maximum independence and set goals towards that independence. Through counseling and sharing of experiences of coping with the effects of disability, participants learn about the needs and resources to achieve their goal. Peer counseling is done on an individual basis or as group support.

Independent Living Skills includes individual and group training provided in several categories including:

- personal assistant management,
- building self-esteem,
- money management,
- navigating one's environment,
- self-advocacy.

All programs are designed to meet individual needs.

Individual advocacy services include BRILC staff members who train and assist individuals with disabilities to understand and exercise their civil rights regarding government and other service providers. Staff represent individuals in obtaining access to benefits and programs to which an individual with significant disabilities may be entitled.

Service Area(s)

Alleghany County

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Botetourt County

,

Covington City

,

Craig County

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Roanoke City

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Roanoke County

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Salem City

Email

brilc@brilc.org