

# Independent Living Skills Training, Physical and Sensory Disabilities

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

The center's secondary service area includes the counties of Orange, Madison, Buckingham, Augusta, Prince Edward, Charlotte, Halifax, Mecklenburg, Brunswick, and Lunenburg.

Family

No

Intake Process

Call for information.

Intake Contact Telephone

(434) 971-9629

Provider Refer

Yes

Report Problems

Call the Agency

Residency Requirements

Serves residents of the City of Charlottesville and the counties of Albemarle, Fluvanna, Nelson, Louisa and Greene.

Self Refer

Yes

Independence Resource Center, Inc

<http://charlottesvilleirc.org>

[http://charlottesvilleirc.org/?page\\_id=11](http://charlottesvilleirc.org/?page_id=11)

Main

(434) 971-9629

815 Cherry Avenue  
22903 VA  
United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Languages Spoken

English

The Independence Resource Center (IRC) is the primary advocacy and service organization for individuals with physical and sensory disabilities in Planning District Ten. The primary service area includes the City of Charlottesville, Albemarle County, Fluvanna County, Nelson County, Louisa County, and Greene County. The center's secondary service area includes Orange County, Madison County, Buckingham County, Augusta County, Prince Edward County, Charlotte County, Halifax County, Mecklenburg County, Brunswick County, and Lunenburg County.

Independent Living Skills Training Assistance with learning adaptive techniques for everyday living. IRC staff provide instruction to individuals and groups to develop independent living skills in areas such as personal care, coping skills, financial management, social skills, and household management, including education and training necessary for living in the community and participation in community activities. All programs are designed to meet individual needs. Additional skills include personal assistant management, building self-esteem, money management, navigating ones environment and self-advocacy.

Service Area(s)

Albemarle County

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Augusta County

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Brunswick County

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Buckingham County

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Charlottesville City

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Fluvanna County

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Greene County

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Halifax County

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Louisa County

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Lunenburg County

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Madison County

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Mecklenburg County

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Nelson County

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Orange County

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Prince Edward County

,

South Boston City