## Peer Counseling and Independent Living Skills Training, Abingdon

Age Requirements

No Age Requirement

Available 24/7

No

**Documents Required** 

Call for details

Other Eligibility Criteria

Serves people with disabilities and the general community regarding disability

issues. Family

No

Intake Contact Email

aicinfo@aicadvocates.org

**Intake Process** 

Call or email for an appointment or information.

Intake Contact Telephone

(276) 628-2979

Provider Refer

Yes

**Report Problems** 

Call the Agency

**Residency Requirements** 

Serves residents of Bland Carroll, Grayson, Smyth, Washington and Wythe and the cities of Galax and Bristol, Virginia.

Self Refer

Yes

Appalachian Independence Center, Inc.

https://www.aicadvocates.org

http://www.aicadvocates.org/services

Main

(276) 628-2979

230 Charwood Drive 24210 VA United States

Monday: 8:00 am-4:30 pm Tuesday: 8:00 am-4:30 pm Wednesday: 8:00 am-4:30 pm Thursday: 8:00 am-4:30 pm Friday: 8:00 am-4:30 pm

Saturday: Closed
Sunday: Closed
Fee Structure
Call for Information
Languages Spoken
English

Appalachian Independence Center, Inc. (AIC) staff members who have disabilities draw upon their own experiences to counsel and encourage others with disabilities. This informed perspective allows for exploration of options, setting goals, and solving problems.

AIC's Independent Living Advocates (ILA) work one-on-one with consumers, establishing goals to achieve independence and develop strategies to reach those goals. Once those goals are achieved, ILAs help to put supports in place to insure continued independence.

AIC staff members provide individualized instruction in independent living skills. By setting achievable goals and creating custom programs, AIC helps people with disabilities master necessary skills. Independent living skills includes basic tasks that lead to independence such as doing laundry, cooking, cleaning, budgeting, computer skills, resume formatting and employment readiness.

Service Area(s)
Bland County
,
Bristol City
,
Carroll County

Galax City
,
Grayson County
,
Smyth County
,
Washington County
,
Wythe County
Email
aicinfo@aicadvocates.org