

## Peer Counseling and Independent Living Skills Training, Abingdon

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Serves people with disabilities and the general community regarding disability issues.

Family

No

Intake Contact Email

[aicinfo@aicadvocates.org](mailto:aicinfo@aicadvocates.org)

Intake Process

Call or email for an appointment or information.

Intake Contact Telephone

(276) 628-2979

Provider Refer

Yes

Report Problems

Call the Agency

Residency Requirements

Serves residents of Bland Carroll, Grayson, Smyth, Washington and Wythe and the cities of Galax and Bristol, Virginia.

Self Refer

Yes

Appalachian Independence Center, Inc.

<https://www.aicadvocates.org>

<http://www.aicadvocates.org/services>

Main

(276) 628-2979

230 Charwood Drive  
24210 VA  
United States

Monday: 8:00 am-4:30 pm  
Tuesday: 8:00 am-4:30 pm  
Wednesday: 8:00 am-4:30 pm  
Thursday: 8:00 am-4:30 pm  
Friday: 8:00 am-4:30 pm  
Saturday: Closed  
Sunday: Closed

Fee Structure  
Call for Information  
Languages Spoken  
English

Appalachian Independence Center, Inc. (AIC) staff members who have disabilities draw upon their own experiences to counsel and encourage others with disabilities. This informed perspective allows for exploration of options, setting goals, and solving problems.

AIC's Independent Living Advocates (ILA) work one-on-one with consumers, establishing goals to achieve independence and develop strategies to reach those goals. Once those goals are achieved, ILAs help to put supports in place to insure continued independence.

AIC staff members provide individualized instruction in independent living skills. By setting achievable goals and creating custom programs, AIC helps people with disabilities master necessary skills. Independent living skills includes basic tasks that lead to independence such as doing laundry, cooking, cleaning, budgeting, computer skills, resume formatting and employment readiness.

Service Area(s)  
Bland County  
,  
Bristol City  
,  
Carroll County  
,

Galax City

,

Grayson County

,

Smyth County

,

Washington County

,

Wythe County

Email

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