

# Peer Counseling and Independent Living Skills Training

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Individual with intellectual disabilities

Family

No

Intake Contact Email

cils@clinchindependent.org

Intake Process

Call the office

Intake Contact Telephone

(276) 935-6088

Provider Refer

Yes

Report Problems

Call the Agency

Residency Requirements

Serves Buchanan, Dickenson, Russell and Tazewell.

Self Refer

Yes

Clinch Independent Living Services

<http://www.vacil.org/>

Main

(276) 935-6088

Toll-Free

(800) 597-2322

TTY/TTD

(276) 935-4348

1139 C Plaza Drive  
24614 VA  
United States

Monday: 8:00 am-4:30 pm  
Tuesday: 8:00 am-4:30 pm  
Wednesday: 8:00 am-4:30 pm  
Thursday: 8:00 am-4:30 pm  
Friday: 8:00 am-4:30 pm  
Saturday: Closed  
Sunday: Closed

Fee Structure

Call for Information

Languages Spoken

English

,  
Call if translation is needed

Offers peer counselors to assist individuals with intellectual disabilities to develop and achieve independence and self-reliance. Participants develop a plan to achieve maximum independence and set goals towards that independence. Through counseling, sharing of experiences in coping with the effects of disability, participants learn about the needs and resources to achieve their goal. Peer counseling can be on an individual basis, as well as group support. Also provides encouragement and information about community resources, sharing insights and perspectives from personal experience.

Independent Living Skills: Individual and group training is provided in several categories including: personal assistant management, building self-esteem, money management, navigating ones environment, and self-advocacy. All programs are designed to meet individual needs. The Center provides services to persons with intellectual disabilities residing in Planning District 2, including Buchanan, Dickenson, Russell and Tazewell counties.

Dickenson County (Clintwood office) can be reached at 276-926-0054 (Voice/TTY)

Tazewell County Branch office can be reached at 276-988-0503 (Voice), 276-988-1883 (TTY)

Service Area(s)

Buchanan County

,

Dickenson County

,

Russell County

,

Tazewell County

Email

[cils@clinchindependent.org](mailto:cils@clinchindependent.org)