Forest OPTIONS Day Support Center

Age Requirements 18 and over Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Serves individuals diagnosed with intellectual and developmental disabilities. Family No **Intake Contact** For Information Intake Process Call for intake and eligibility information. Intake Contact Telephone (434) 525-9060 Provider Refer Yes **Oualifications** Qualification Type Licensure **Qualification Entity** Virginia Department of Behavioral Health and Developmental Services **Qualification Number** 023 Report Problems Call the Agency Self Refer Yes **DePaul Community Resources** http://www.depaulcr.org/support-services http://www.depaulcr.org/support-services/options-day-support-services/ https://www.facebook.com/DePaulCommunityResources

Main

(434) 525-9060 Toll-Free (888) 233-7285

4835 Waterlick Road 24551 VA United States

Monday: 8:30 am-5:00 pm Tuesday: 8:30 am-5:00 pm Wednesday: 8:30 am-5:00 pm Thursday: 8:30 am-5:00 pm

Friday: 8:30 am-5:00 pm

Saturday: Closed Sunday: Closed Fee Structure

Call for Information Payment Method(s)

Medicaid

Community Living Waiver Languages Spoken English

Call if translation is needed

A program of DePaul Community Resources, OPTIONS (Opening People To Individual Opportunities in a Network of Support) offers day support to individuals with developmental disabilities. The activities at OPTIONS include a variety of individualized and group projects which are both center and community-based.

The goals of the OPTIONS program are to:

- Develop self-esteem and self-worth;
- Increase social, recreational and leisure activity levels;
- Increase integration into the community;

- Teach individuals effective ways to interact in their environment;
- Provide volunteer service opportunities to enhance positive community impact.

Center-Based Activities

Every month brings new opportunities to OPTIONS' participants. Activities that take place at the center include:

- Painting, sculpture and other art classes;
- Independent living skill instruction;
- Personal fitness and hygiene activities;
- Relationship building activities;
- Social events and celebrations.

Community Service

OPTIONS' clients also participate in numerous community service projects throughout the year including:

- Delivering meals for Meals-on-Wheels;
- Building for Habitat for Humanity;
- Reading to children at local daycare centers;
- Volunteering at local churches and elementary schools.

Service Area(s)
Bedford County
,
Campbell County
,
Lynchburg City
Email
info@depaulcr.org