

## Community Exploration

Age Requirements

18 and over

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Adults with intellectual, developmental, physical, autism and autism spectrum disabilities.

Family

No

Intake Contact Email

info@mvle.org

Intake Process

Call for information.

Intake Contact Telephone

(703) 569-3900

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services

Qualification Number

147

Qualification Type

Certification

Qualification Entity

Virginia Department of Medical Assistance Services (DMAS)

Report Problems

Call the Agency

Self Refer

No

MVLE (Mount Vernon Lee Enterprises)

<https://www.mvle.org>

<https://www.mvle.org/support-services/community-exploration/>

<https://www.facebook.com/mvleinc/>

<https://twitter.com/MVLEInc>

Main

(703) 569-3900

7420 Fullerton Road

Suite 110

22153 VA

United States

Monday: 8:00 am-4:00 pm

Tuesday: 8:00 am-4:00 pm

Wednesday: 8:00 am-4:00 pm

Thursday: 8:00 am-4:00 pm

Friday: 8:00 am-4:00 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Program hours may vary. Hours of Operation 9 am - 3 pm Monday-Friday. Office hours 8 am - 4 pm Monday-Friday.

Fee Structure

Call for Information

Payment Method(s)

Private Pay

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Building Independence Waiver

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Family & Individual Supports Waiver

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Community Living Waiver

Languages Spoken

English

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Spanish

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French

MVLE's therapeutic support services and community exploration activities are designed to build a path towards Independence, building relationships and Community Awareness. The program's activities include:

- Computer training,
- Visual arts,
- Community volunteering
- Pet therapy,
- Yoga and Zumba,
- Walking club,
- Dance classes,
- Nutrition-focused cooking classes,
- Stress relief techniques,
- Music appreciation,
- Book club,
- Horticulture,
- Our Voices self-advocacy group,
- Sensory integration therapy,
- Therapeutic horseback riding,
- Social lunch,
- First Aid classes,
- Life skills,
- Financial Literacy training.

The facility is close to the Metro stop.

Service Area(s)

Alexandria City

,

Arlington County

,

Fairfax City

,

Fairfax County

,

Loudoun County

,

Manassas City

,

Manassas Park City

,

Prince William County

Email

[mvleinfo@mvle.org](mailto:mvleinfo@mvle.org)