Community Exploration

Age Requirements 18 and over Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Adults with intellectual, developmental, physical, autism and autism spectrum disabilities. Family No Intake Contact Email info@mvle.org **Intake Process** Call for information. Intake Contact Telephone (703) 569-3900 **Provider Refer** Yes Qualifications Qualification Type Licensure **Qualification Entity** Virginia Department of Behavioral Health and Developmental Services **Qualification Number** 147 Qualification Type Certification **Qualification Entity** Virginia Department of Medical Assistance Services (DMAS) **Report Problems** Call the Agency Self Refer No

MVLE (Mount Vernon Lee Enterprises) https://www.mvle.org https://www.mvle.org/support-services/community-exploration/ https://www.facebook.com/mvleinc/ https://twitter.com/MVLEInc Main (703) 569-3900 7420 Fullerton Road Suite 110 22153 VA United States Monday: 8:00 am-4:00 pm Tuesday: 8:00 am-4:00 pm Wednesday: 8:00 am-4:00 pm Thursday: 8:00 am-4:00 pm Friday: 8:00 am-4:00 pm Saturday: Closed Sunday: Closed Additional Availability Comments Program hours may vary. Hours of Operation 9 am - 3 pm Monday-Friday. Office hours 8 am - 4 pm Monday-Friday. Fee Structure Call for Information Payment Method(s) Private Pay , **Building Independence Waiver** Family & Individual Supports Waiver **Community Living Waiver** Languages Spoken English , Spanish French

MVLE's therapeutic support services and community exploration activities are designed to build a path towards Independence, building relationships and Community Awareness. The program's activities include:

- Computer training,
- Visual arts,
- Community volunteering
- Pet therapy,
- Yoga and Zumba,
- Walking club,
- Dance classes,
- Nutrition-focused cooking classes,
- Stress relief techniques,
- Music appreciation,
- Book club,
- Horticulture,
- Our Voices self-advocacy group,
- Sensory integration therapy,
- Therapeutic horseback riding,
- Social lunch,
- First Aid classes,
- Life skills,
- Financial Literacy training.

The facility is close to the Metro stop.

Service Area(s) Alexandria City

Arlington County

Fairfax City

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Fairfax County

Loudoun County

Manassas City

Manassas Park City

,

,

Prince William County Email <u>mvleinfo@mvle.org</u>