## Day Support, Center Based

Age Requirements No Age Requirement Available 24/7 No Other Eligibility Criteria Must have a documented disability of Intellectual (Mental Retardation), Autism, and Development Disability. Family No Intake Process Referral from Community Services Board case managers; please call for more information. Qualifications Qualification Type Licensure Qualification Entity Virginia Department of Behavioral Health and Developmental Services (DBHDS) **Qualification Number** 391-02-0061 Virginia Independence Training Organization (VITO), Inc. Main (757) 965-9234 P.O. Box 14188 23518 VA **United States** Languages Spoken English

Virginia Independence Training Organization's (VITO) Center-Based Day Support Program provides a planned day program for individuals with developmental and/ or autistic disabilities. Participants are involved in activities that promote social functioning and independence. Skills are also promoted that help maintain health such as self-care, hygiene, meal preparation and medication management. Recreational and social activities are jointly planned by participants with the staff. Activities provide opportunities to build basic skills for employment and independent living such as carrying out tasks, becoming a member of a group, communicating with peers and others and using community resources.

Each individual will be assessed to determine eligibility for a VITO Service. Once accepted into the Program, the Individual's strengths, needs, and preferences will be identified through Person-Centered Planning so that an Individual Service Plan (ISP) or Person-Centered Plan (PCP) can be developed. The ISP/PCP will include identified outcomes so that the individual can live more independently.

Service Area(s) Norfolk City

Virginia Beach City