

## **Recreation, Intellectual and Developmental Disabilities**

Age Requirements

No Age Requirement

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Serves individuals with intellectual and developmental disabilities.

Family

Yes

Intake Contact

Elisabeth Drake

Intake Contact Email

edrake@versability.org

Intake Contact Telephone

(757) 896-6461

Provider Refer

Yes

Qualifications

Qualification Type

Licensure

Qualification Entity

Virginia Department of Behavioral Health and Developmental Services (DBHDS)

Qualification Number

017

Report Problems

Call the Agency

Self Refer

Yes

VersAbility Resources

<https://versability.org>

<https://versability.org/programs-services/social-recreational/>

<https://www.facebook.com/pages/The-Arc-of-the-Virginia-Peninsula/152335999622>

Main  
(757) 896-6461

2520 58th Street  
23661 VA  
United States

Monday: 8:00 am-4:30 pm

Tuesday: 8:00 am-4:30 pm

Wednesday: 8:00 am-4:30 pm

Thursday: 8:00 am-4:30 pm

Friday: 8:00 am-4:30 pm

Saturday: Closed

Sunday: Closed

Additional Availability Comments

Program hours may vary

Fee Structure

Call for Information

Languages Spoken

English

VersAbility Resources offers a recreation program led by a Certified Therapeutic Recreation Specialist. The program increases recreational opportunities for individuals with disabilities. The program teaches new skills and expands an individual's social and volunteer activities, which include group yoga, art and music therapy, pet therapy, indoor and outdoor walks, community outings, health education, dancing and more. Recreational programs help relieve stress, facilitate positive interactions and contribute to a general joy of living.

The Certified Therapeutic Recreation Specialist finds programs that encourage people with disabilities to achieve recreational proficiencies. Special needs in areas like motor, memory, linguistic and organizational skills are addressed with a range of activities that are satisfying, structured and diminish the fear of failure. Some of these same programs are used at the Envisions Day Support program.

Service Area(s)  
Gloucester County  
,  
Hampton City  
,

King William County

,

King and Queen County

,

Lancaster County

,

Mathews County

,

Middlesex County

,

Northumberland County

,

Richmond County

,

Westmoreland County

Email

[info@versability.org](mailto:info@versability.org)