Peer Counseling and Independent Living Skills Training, Galax

Age Requirements No Age Requirement Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Serves people with disabilities and the general community regarding disability issues. Family No Intake Contact Email aicinfo@aicadvocates.org Intake Process Call or email for an appointment or information. Intake Contact Telephone (276) 236-6055 **Provider Refer** Yes **Report Problems** Call the Agency **Residency Requirements** Serves residents of Bland Carroll, Grayson, Smyth, Washington and Wythe and the cities of Galax and Bristol, Virginia. Self Refer Yes Appalachian Independence Center, Inc. https://www.aicadvocates.org Main (276) 236-6055

300 West Oldtown Street 24333 VA United States

Monday: 8:00 am-4:30 pm Tuesday: 8:00 am-4:30 pm Wednesday: 8:00 am-4:30 pm Thursday: 8:00 am-4:30 pm Friday: 8:00 am-4:30 pm Saturday: Closed Sunday: Closed Fee Structure Call for Information Languages Spoken English

Appalachian Independence Center, Inc. (AIC) staff members who have disabilities draw upon their own experiences to counsel and encourage others with disabilities. This informed perspective allows for exploration of options, setting goals, and solving problems.

AIC's Independent Living Advocates (ILA) work one-on-one with consumers, establishing goals to achieve independence and develop strategies to reach those goals. Once those goals are achieved, ILAs help to put supports in place to insure continued independence.

AIC staff members provide individualized instruction in independent living skills. By setting achievable goals and creating custom programs, AIC helps people with disabilities master necessary skills. Independent living skills includes basic tasks that lead to independence such as doing laundry, cooking, cleaning, budgeting, computer skills, resume formatting and employment readiness.

Service Area(s) Bland County , Bristol City , Carroll County Galax City

, Grayson County

, Smyth County

,

Washington County

, Wythe County Email <u>aicinfo@aicadvocates.org</u>