

# Independent Living Skills Training, Physical Disability

Age Requirements

0-5

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6-12

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13-21

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22-55

,

56-60

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60+

Available 24/7

No

Other Eligibility Criteria

Physical disability; must have a disability designation

Family

No

Intake Process

Telephone for appointment

Self Refer

No

Independence Empowerment Center

<http://www.ieccil.org>

Main

(703) 257-5400

8409 Dorsey Circle, Suite 101

20110 VA

United States

Fee Structure

No Fee

## Languages Spoken

English

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Sign Language

**Independent Living Skills:** Individual and group training provided to people with a physical disability on know-how-to-live independently. Skills are provided in several categories including: budgeting, traveling, personal assistant management, building self-esteem, job seeking and more. All programs are designed to meet individual needs.

**Advocacy:** Active support for direct, nonviolent action for disability rights, both at the individual and systemic levels. Staff members train and assist individuals with disabilities to understand and exercise their civil rights regarding government and other service providers.

## Service Area(s)

Fauquier County

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Manassas City

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Manassas Park City

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Prince William County