## <u>Peer Counseling and Independent Living Skills</u> Training, Sensory

Age Requirements

No Age Requirement

Available 24/7

No

**Documents Required** 

Call for details

Other Eligibility Criteria

Individual with sensory disabilities

Family

No

Intake Contact Email

cils@clinchindepedent.org

**Intake Process** 

Call the office; visit the website

Intake Contact Telephone

(276) 935-6088

Provider Refer

Yes

Report Problems

Call the Agency

Residency Requirements

Serves Buchanan, Dickenson, Russell and Tazewell.

Self Refer

Yes

Clinch Independent Living Services

https://www.cilsonline.org/

https://www.cilsonline.org/services

Main

(276) 935-6088

Toll-Free

(800) 597-2322

TTY/TTD

(276) 935-0780

1176 Booth Branch Road, 24614 VA United States

Monday: 8:00 am-4:30 pm Tuesday: 8:00 am-4:30 pm Wednesday: 8:00 am-4:30 pm Thursday: 8:00 am-4:30 pm Friday: 8:00 am-4:30 pm

Saturday: Closed
Sunday: Closed
Fee Structure
Call for Information
Languages Spoken
English

Call if translation is needed

Clinch Independent Living Services offers peer counselors to assist individuals with sensory disabilities to develop and achieve independence and self-reliance. Participants develop a plan to achieve maximum independence and set goals toward that independence. Through counseling, sharing of experiences in coping with the effects of disability, participants learn about the needs and resources to achieve their goal. Peer counseling can be on an individual basis, as well as group support. Also provides encouragement and information about community resources, sharing insights and perspectives from personal experience.

Individual and group training is provided in several categories including personal assistant management, building self-esteem, money management, navigating one's environment, and self-advocacy. All programs are designed to meet individual needs. The Center provides services to persons with disabilities residing in Planning District 2, including Buchanan, Dickenson, Russell and Tazewell counties.

Tazewell County Branch office can be reached at 276-988-0503 (Voice), 276-988-1883 (TTY)

Service Area(s)

**Buchanan County** 

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Dickenson County

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Russell County

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Tazewell County