Peer Counseling and Independent Living Skills Training, Sensory Disabilities

Age Requirements No Age Requirement Available 24/7 No **Documents Required** Call for details Other Eligibility Criteria Serves people with disabilities and the community. Family No Intake Contact Email brilc@brilc.org **Intake Process** Walk-ins and telephone referrals accepted. Intake Contact Telephone (540) 342-1231 **Provider Refer** Yes **Report Problems** Call the Agency **Residency Requirements** Serves residents of Alleghany, Botertourt, Craig and Roanoke Counties and the cities of Covington, Roanoke and Salem. Self Refer Yes Blue Ridge Independent Living Center https://brilc.org https://www.facebook.com/pages/Blue-Ridge-Independent-Living-Center/12145270789... Main (540) 342-1231 Toll-Free (866) 244-0740

TTY/TTD (540) 342-1231

1502B Williamson Road Northeast 24012 VA United States

Monday: 8:15 am-4:30 pm Tuesday: 8:15 am-4:30 pm Wednesday: 8:15 am-4:30 pm Thursday: 8:15 am-4:30 pm Friday: 8:15 am-4:30 pm Saturday: Closed Sunday: Closed Fee Structure Call for Information Languages Spoken English

Call if translation is needed

At Blue Ridge Independent Living Center, Peer Counselors assist individuals with disabilities and their families to develop and achieve independence and self-reliance. Participants develop a plan to achieve maximum independence and set goals towards that independence. Through counseling and sharing of experiences of coping with the effects of disability, participants learn about the needs and resources to achieve their goal. Peer counseling is done on an individual basis or as group support.

Independent Living Skills includes individual and group training provided in several categories including:

- personal assistant management,
- building self-esteem,
- money management,
- navigating ones environment,
- self-advocacy.

All programs are designed to meet individual needs.

Individual advocacy services include BRILC staff members who train and assist individuals with disabilities to understand and exercise their civil rights regarding government and other service providers. Staff represent individuals in obtaining access to benefits and programs to which an individual with significant disabilities may be entitled.

Service Area(s) Alleghany County , Botetourt County , Covington City , Craig County , Roanoke City , Roanoke County , Salem City Email brilc@brilc.org