

# Peer Support and Independent Living Skills Training, Physical Disabilities, Richmond

Age Requirements

16-21

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18 and over

Available 24/7

No

Documents Required

Call for details

Other Eligibility Criteria

Serves individuals with physical disabilities.

Family

No

Intake Process

Visit the website for information. Call for information.

Intake Contact Telephone

(804) 353-6503

Provider Refer

Yes

Report Problems

Call the Agency

Residency Requirements

Serves residents of the cities of Colonial Heights, Hopewell, Petersburg and Richmond and the counties of Charles City, Chesterfield, Dinwiddie, Goochland, Hanover, Henrico, New Kent, Powhatan and Prince George.

Self Refer

Yes

Resources for Independent Living, Inc.

<http://ril-va.org>

<https://ril-va.org/programs-services/>

<https://www.facebook.com/RIL.Virginia>

Main

(804) 353-6503

4009 Fitzhugh Avenue, Suite 100  
23230 VA  
United States

Monday: 9:00 am-5:00 pm

Tuesday: 9:00 am-5:00 pm

Wednesday: 9:00 am-5:00 pm

Thursday: 9:00 am-5:00 pm

Friday: 9:00 am-5:00 pm

Saturday: Closed

Sunday: Closed

Fee Structure

Call for Information

Languages Spoken

English

Resources for Independent Living, Inc (RIL) offers Peer Support and Independent Living Skills Training to individuals with physical disabilities.

- Independent Living Skills Training provides consumers with a wide variety of workshops and individualized training that are designed to support their established independent living goals. Skill training is available in money management, nutrition and food preparation, sexuality, decision-making, goal setting, time management, mobility, and self-esteem.
- Peer Support is based upon the concept that an individual with a physical disability can share experiences that will benefit other persons with physical disabilities.
- Housing Placement provides individuals with physical disabilities assistance in locating affordable accessible housing by matching their needs to available housing in the community.

Independent Living Center. Centers for Independent Living, often referred to as "CILs" are non-residential places of action and coalition, where persons with disabilities learn empowerment and develop the skills necessary to make lifestyle choices. Peer support is one of the five core services provided by a center for independent living.

Service Area(s)

Charles City County

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Chesterfield County

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Colonial Heights City

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Dinwiddie County

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Goochland County

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Hanover County

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Henrico County

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Hopewell City

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New Kent County

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Petersburg City

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Powhatan County

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Prince George County

,

Richmond City

Email

[info@ril-va.org](mailto:info@ril-va.org)