

Adaptive Recreation Program

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Families of children with intellectual disabilities, learning disabilities, sensory or physical disabilities, social/emotional disabilities and special health care needs. The Adaptive Recreation Program is for individuals age 8 and up.

Family

No

Intake Contact

Sarah Blech

Intake Contact Email

blechs@charlottesville.org

Intake Process

Call for activities or visit the web site

Provider Refer

Yes

Self Refer

Yes

Charlottesville Parks and Recreation

<https://www.charlottesville.org/departments-and-services/departments-h-z/parks-...>

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Main

(434) 970-3264

501 East Main Street

22902 VA

United States

Additional Availability Comments

Monday-Friday 8 am - 5 pm

Fee Structure

Membership Fee

Payment Method(s)

Private Pay

Languages Spoken

English

Charlottesville Parks & Recreation provides leisure and recreation activities for youth, teens and adults with intellectual disability, developmental disabilities, learning disabilities, sensory or physical disabilities and special health needs whose recreational needs cannot be met by regular programs. The adaptive activities are to improve self-esteem, as well as improve health, social skills, recreation skills and independence. Staff participant ratio is usually 1 to 8.

Some activities include day and overnight trips; wheelchair basketball; therapeutic classes in exercise; hiking; swimming; cooking; ceramics and others.

Supper Club: small group outings monthly to local restaurants so participants can learn social skills, how to order a meal, pay for meals and tip and communication skills. For teens and adults.

Activities for Individuals with Visual Impairments: a lunch and activity is held once a month at the Key Recreation Center for individuals with visual impairments.

Therapeutic Summer Playground Program: for 8 to 21 year olds with moderate disabilities at Crow Recreation Center; six week program, Monday through Friday, 9:00 AM until 4:00 PM. After the summer camp program ends there is a 1 week Camp Creativity Program, a 1 week Camp Green Challenge Program for teens with disabilities and a 1 week adult camp.

Visit the website for other recreation programs. Anyone interested in being a

volunteer with Therapeutic Recreation should call Sarah Blech or Bob Isabelle.

Service Area(s)

Charlottesville City