

## **Recreation, East Suffolk**

Age Requirements

No Age Requirement

Available 24/7

No

Other Eligibility Criteria

Unrestricted in most cases although some services and activities may be restricted to a particular age group.

Intake Process

Application, waiver, and documents required for some services. Call for more information

Suffolk Department of Parks & Recreation

<http://www.suffolkva.us/266/Parks-Recreation>

<http://www.suffolkva.us/facilities/facility/details/eastsuffolkrecreationcenter...>

<https://www.facebook.com/suffolkva/>

Main

(757) 514-4500

138 South 6th Street

23434 VA

United States

Monday: 6:00 am-8:00 pm

Tuesday: 6:00 am-8:00 pm

Wednesday: 6:00 am-8:00 pm

Thursday: 6:00 am-8:00 pm

Friday: 6:00 am-8:00 pm

Saturday: 8:00 am-12:00 pm

Sunday: Closed

Additional Availability Comments

Monday-Friday 8:30 am-5 pm

Fee Structure

Call for Information

Languages Spoken

English

East Suffolk Recreation Center is the first free-standing recreation facility in the City of Suffolk. With approximately 22,500 square feet, this new facility has a full-size gym, a commercial kitchen, multi-purpose room and a fitness facility, which boasts state-of-the-art cardio and strength equipment by Lifefitness.

For the young and young at heart, there is a game room filled with air hockey, foosball and pool tables as well as interactive video games. Recreation classes for pre-schoolers and activities for seniors such as bridge and aerobics are also available.

Service Area(s)  
Suffolk City