

Fitness

Age Requirements

No Age Requirement

Available 24/7

No

Intake Process

Walk in; call for specific information.

Provider Refer

Yes

Self Refer

Yes

Isle of Wight Parks and Recreation

<http://www.co.isle-of-wight.va.us/parks-and-recreation/>

<https://www.facebook.com/Isle-of-Wight-County-Parks-and-Recreation-174856185862...>

Main

(757) 357-2291

Administration Office

13036 Nike Park Road

23314 VA

United States

Additional Availability Comments

Monday-Friday 8:30 am- 5 pm

Languages Spoken

English

The mission of Isle of Wight County Parks and Recreation is to provide the citizens Isle of Wight with the highest quality recreational activities. We will continue to ensure that all citizens have access to the best leisure programs, open spaces, facilities, and parks while providing the physical, mental and social interaction that is of vital importance to the overall quality of life to our community.

Isle of Wight County Department of Parks and Recreation offers a wide variety of fitness classes, including Aerobics, basketball, soccer, tennis, weight lifting, martial arts, Aerobics for Seniors, age 50, and more.

Adult and youth league sports are also offered through the year including adult men's softball, adult coed softball, adult kickball, and adult men's basketball.

You can view the [Program Guide](#) online for activities, classes, sports, and special events and register online through [ActiveNet](#).

Service Area(s)

Isle of Wight County

Email

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