## **Mental Health Advocacy and Education**

Age Requirements No Age Requirement Family

No

Intake Contact Email namiwinchester@live.com

**Intake Process** 

Please call or email for more information.

Provider Refer

Yes

Self Refer

Yes

National Alliance on Mental Illness (NAMI) Winchester

https://naminsv.org/

Main

(540) 533-1832

**Phone Emergency** 

(800) 950-6264

P O Box 4550

22604 VA

**United States** 

Languages Spoken

English

National Alliance on Mental Illness (NAMI) provides support, education and advocacy for individuals, their families and others who are affected by mental illness. Offers support groups and educational programs. VOICE newsletter is available. Please call about membership to help eliminate the stigma of mental illness.

Call the office for information about mental health education:

Family to Family education program is a free, 12-week course for family caregivers of individuals with severe mental illnesses such as Major Depression, Bipolar Disorder, Schizophrenia, Panic Disorder, Addictive Disorders and Obsessive Compulsive Disorder.

"NAMI Basics Education Course" is an education course for parents and other caregivers of children and adolescents living with mental illness. There is no fee. Pre-registration is required.

Service Area(s)
Clarke County
,
Frederick County
,
Page County
,
Shenandoah County
,
Warren County
,
Winchester City
Email
naminsv@live.com