## Mental Health Advocacy and Education

Family No Intake Contact Email namiwinchester@live.com Intake Process Please call, visit the website, or email for more information. **Provider Refer** Yes **Report Problems** Call the Agency Self Refer Yes National Alliance on Mental Illness (NAMI) Winchester https://www.nami.org/affiliate/virginia/nami-northern-shenandoah-valley/ https://www.nami.org/support-education/ https://www.facebook.com/NAMINSV Main (540) 533-1832 Phone Emergency (800) 950-6264 P O Box 4550 22604 VA **United States** Fee Structure No Fee Languages Spoken English

National Alliance on Mental Illness (NAMI) provides support, education, and advocacy for individuals, their families, and others who are affected by mental illness. Offers support groups and educational programs. VOICE newsletter is available. NAMI Family-to-Family is taught by NAMI-trained family members who have been there and includes presentations, discussions, and interactive exercises.

Call the office for information about mental health education:

Family to Family education program is a free, 8-week course for family, caregivers of individuals with severe mental illnesses such as Major Depression, Bipolar Disorder, Schizophrenia, Panic Disorder, Addictive Disorders, and Obsessive Compulsive Disorder.

Please call about membership to help eliminate the stigma of mental illness.

Service Area(s) Clarke County , Frederick County , Page County , Shenandoah County , Warren County , Winchester City Email naminsv@live.com