

Independent Living Skills, Physical Disabilities

Age Requirements

0-5

,

6-12

,

13-21

,

22-55

,

56-60

,

60+

Family

No

Intake Contact Email

alisha.meador@standup-inc.com

Stand Up, Inc.

<http://standup-inc.com/>

Main

(434) 455-2447

1928 Thompson Drive

Suite #1

24501 VA

United States

Languages Spoken

English

Stand Up offers Independent Living Skills training to assist individuals with disabilities who are ready to stand on their own.

Job coaches can provide skills training and assistance to individuals in obtaining and maintaining self-sufficiency. Services include:

- Nutrition and meal planning and preparation
- Laundry and clothing care
- Personal hygiene and grooming
- Housekeeping skills
- Budgeting
- Grocery and personal shopping
- Transportation
- Obtaining affordable housing

Service Area(s)

Amherst County

,

Appomattox County

,

Campbell County

,

Lynchburg City