

## Adult Therapeutic Recreation

Age Requirements

18 and over

Family

No

Intake Contact Email

Call311@hampton.gov

Intake Process

Visit the website; call the office, register if required

Self Refer

Yes

Hampton Parks, Recreation and Leisure Services

<https://hampton.gov/facilities/facility/details/therapeuticrecreationcenter-17>

<https://hampton.gov/1195/Adult-Programs>

Main

(757) 728-1710

4315 Kecoughtan Road

23669 VA

United States

Additional Availability Comments

Monday - Friday 8 am - 4:30 pm

Fee Structure

Call for Information

Languages Spoken

English

Adult Special Needs Program. are available for adults with special needs. There are ongoing therapeutic recreation opportunities. The Therapeutic Recreation division offers programs throughout Hampton. By design, the groups are usually small and the participant-to-staff ratio is appropriate to the needs of the group. Programs are available for individuals with mild to moderate autism, behavior disorder, intellectual or developmental disability and physical disability.

Programs and activities are available for all ages, interests and skill levels. Activities may include swimming classes, craft classes, trips, camps and more.

Call for information about a program or activity, as well as how to enroll in a program.

Service Area(s)

Hampton City

Email

[parksrec@hampton.gov](mailto:parksrec@hampton.gov)