## **Senior Adult Services**

Age Requirements 0-5 6-12 13-21 22-55 56-60 60+ Family No Self Refer Yes Virginia Beach Department of Human Services http://www.vbgov.com/government/departments/human-services/yourdhs/Pages/famil... Main (757) 385-4135 Toll-Free (888) 832-3858 3432 Virginia Beach Boulevard Suite 342 23452 VA **United States** Languages Spoken **English** 

Senior Adult Services of Virginia Beach Department of Human Services includes treatment services provided to adults over the age of 60. Services include individual

and group therapy, medication management, case management, education and support groups as well as respite care.

Respite care provides a break from care-giving responsibilities allowing the family caregiver time to regroup, renew, recharge and restore balance in life and reduce stress. The in-home and adult sitter provides supervision and socialization to individuals who live with their primary caregiver and who are not safe to be left alone due to illness or dementia. The respite receiver must be 60 years of age or older.

Call 757.385.4135 for more information.

Service Area(s) Virginia Beach City